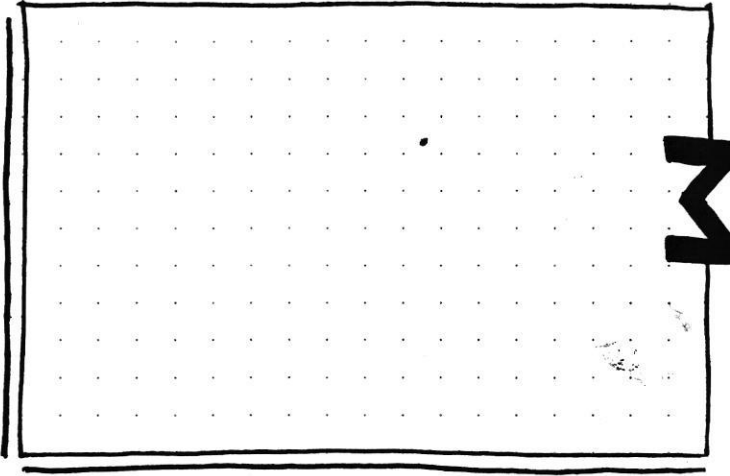
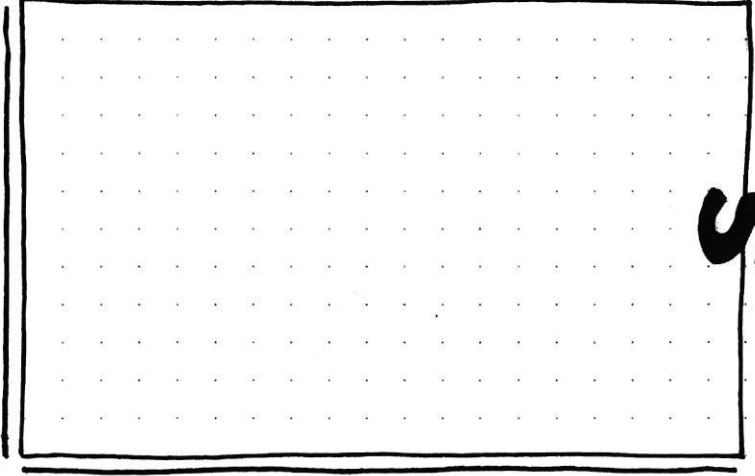


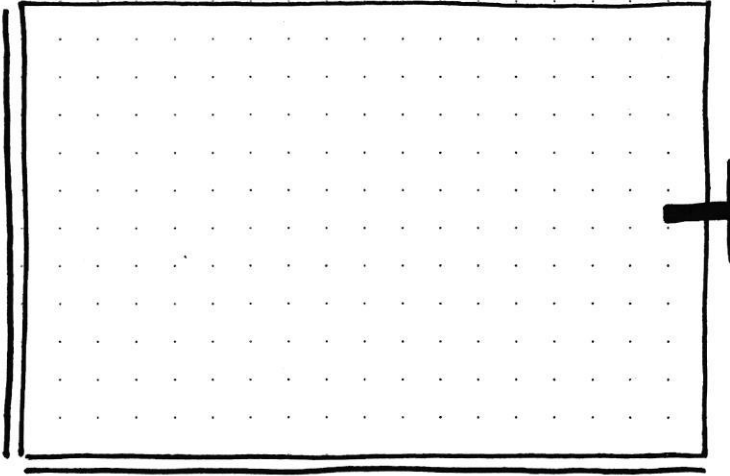
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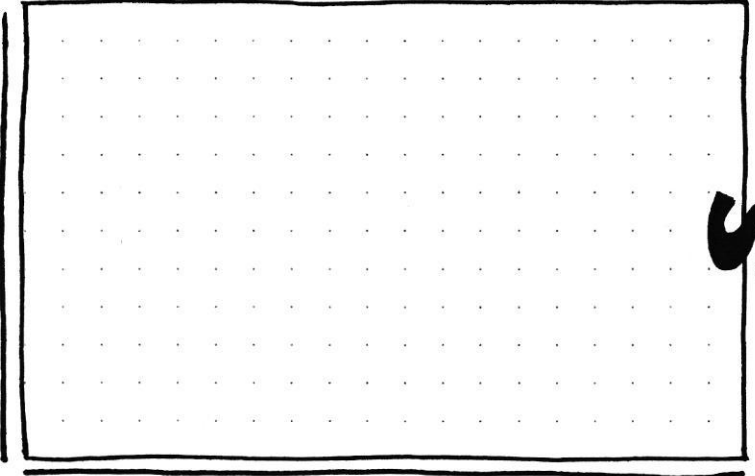
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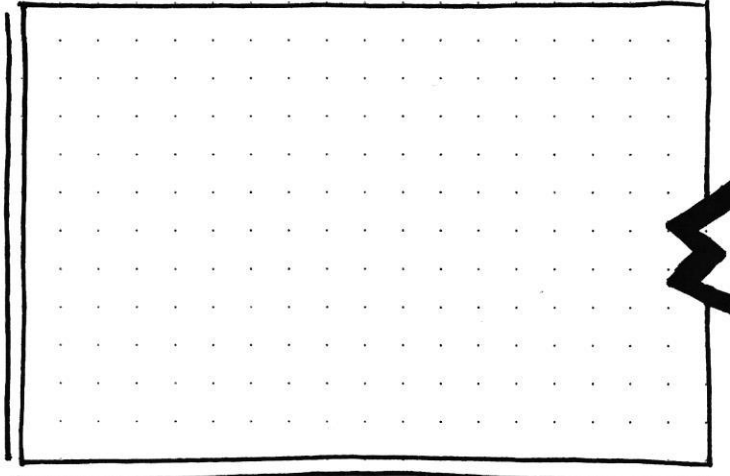
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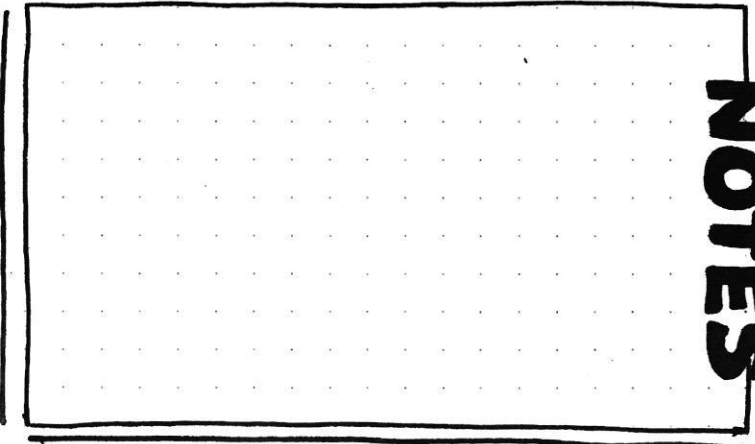
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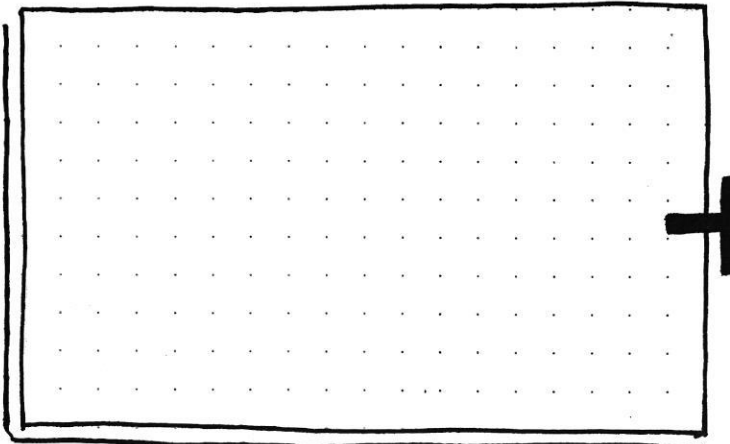
S



W



NOTES



T

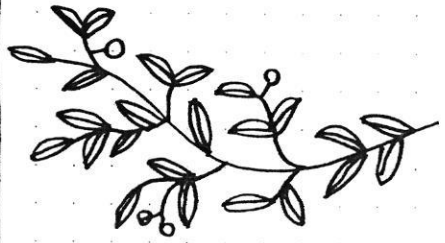
Week of:

SMTWTFS

tracker

SMTWTFS

HABIT



monday

tuesday

wednesday

thursday

friday

saturday

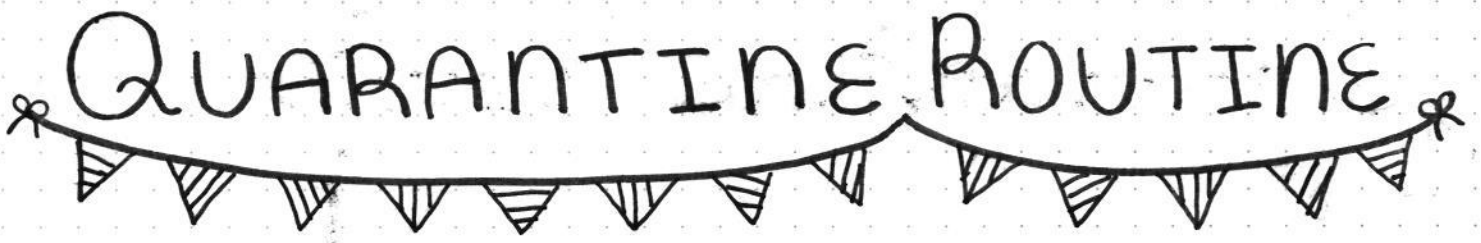
sunday

next-week

goals

notes

QUARANTINE ROUTINE



TASKS

GOALS

MORNING

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MID MORNING

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AFTERNOON

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MID AFTERNOON

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EVENING

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Afternoon Routine

	10:00 AM
	9:00 AM
	8:00 AM
	7:00 PM
	6:00 PM
	5:00 PM
	4:00 PM
	3:00 PM
	2:00 PM
	1:00 PM
	12:00 PM
	11:00 AM
	10:00 AM
	9:00 AM
	8:00 AM

notes

goals

